

## **Theory into Practice Summer Workshop July 13,14,15, 2012 in Morgantown, WV**

This three-day workshop focuses on putting theories into practice in creative ways using Impact Therapy, which is a brief, active, multi-sensory approach to counseling. The techniques and methods presented in the workshop are based upon two books on Impact Therapy (Creative Counseling Techniques: An Illustrated Guide and Impact Therapy both by Ed Jacobs). The primary theories that will be discussed and demonstrated are Rational-Emotive Behavioral Therapy (REBT), Transactional Analysis (TA), Gestalt, Adlerian, and Reality Therapy.

The workshop has a limit of 15 people and is designed to help practitioners get comfortable using theories and creative techniques. The format is intense in that we cover a theory in depth through mini-lecture and demonstrations and then participants practice using the theory while receiving feedback from one of the teaching-team. Each participant will have plenty of time for practice and supervision. During the demonstrations and practice time, participants use real case examples or their own personal issues if they so choose. Also there is plenty of time for questions and discussion of difficult cases or situations that occur at work.

In the past, participants have found the experience to be quite valuable because of the practical nature of the workshop. We like the experience because those attending are very dedicated counselors who are eager to learn and willing to take risks and think "outside the box."

Name \_\_\_\_\_

Address \_\_\_\_\_

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Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Work Setting \_\_\_\_\_

Years of Experience \_\_\_\_\_ Email address \_\_\_\_\_