

**Ed E. Jacobs, Ph.D., LPC**  
**Associate Professor**

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**Education**

B.A.	University of Texas, Austin	1966	Psychology
M.A.	University of Texas, Austin	1968	Psychology
Ph.D.	Florida State University	1972	Counselor Education

**Professional Experience**

**Associate Professor and Coordinator of the Master’s Program in Counseling**  
West Virginia University  
College of Human Resources and Education  
Department of Counseling, Rehabilitation Counseling and Counseling Psychology  
Morgantown, WV  
08/1972 to Present

**Counselor**

Florida State University Counseling Center  
1970-1972

**Private Practice:** Thirty years

**TEACHING INTERESTS:** Impact Therapy; Group Counseling; Counseling Theories; Addictions Counseling; Marriage and Family Counseling; Community Counseling; School Counseling; Grief Counseling; Supervision

**SPECIAL INTERESTS:** Impact Therapy; Creative Counseling; Group Counseling; REBT; TA; Marriage and Family Counseling; Grief Counseling; Techniques for Effective Presenting

## **AWARDS:**

Outstanding Teacher in the College of Human Resources & Education, 2005-2006 and 1974-1975.

Innovator of the Year –2005 –Association for Creativity in Counseling; Fellow—Association for Specialists in Group Work; Professional Development Award-- Association for Specialists in Group Work

## **WORKSHOPS, PRESENTATIONS, CONSULTATIONS**

Have presented over 450 workshops and presentations at national, state, and regional organizations and agencies. Have served as consultant for numerous agencies and school districts.

**Impact Therapy/Creative Counseling:** Conducted over 300 workshops demonstrating the principles of Impact Therapy and creative techniques.

**Group Counseling:** Conducted over 175 workshops for school, correctional, mental health, and drug and alcohol counselors throughout the United States and Canada.

**Drug and Alcohol Counseling:** Conducted over 75 workshops for D&A Counselors on group, individual, and family counseling. Consultant for adolescent, ACOA and DUI groups.

**Counseling Theories:** Conducted over 100 workshops on T.A., R.E.T., Adlerian, and Gestalt theories for school, drug and alcohol, correctional, and mental health counselors.

**Stepfamily Counseling:** Conducted over 20 all day workshops at the ACA national conventions, state conventions, and agencies throughout the country.

**Marriage and Family Counseling:** Conducted over 15 workshops at the ACA national conventions, state conventions, and area agencies. Made a video tape on Family Counseling for national distribution through ACA.

**Grief Counseling:** Presented a number of workshops dealing with how to conduct "grief/loss" counseling.

**PUBLICATION SUMMARY:** Four books, one on Impact Therapy, one on creative counseling, and two on group counseling, and twenty publications in journals and books. Also, a number of video tapes of my counseling are being used by other counselor educators throughout the country.

## **Publications**

### **Books**

Jacobs, E.E., Masson, R.L., Harvill R.L. & Schimmel, C.J. 7<sup>th</sup> ed. (2012). *Group counseling: Strategies and skills*. Pacific Grove, CA: Brooks/Cole.

Jacobs, E., & Spadaro, N. (2003). *Leading groups in corrections: Skills and techniques*. Lanham, MD: American Correctional Association.

Jacobs, E.E. (1994). *Impact therapy*. Odessa, FL: Psychological Assessment Resources, Inc.

Jacobs, E.E. (1992). *Creative counseling techniques: An illustrated guide*. Odessa, FL: Psychological Assessment Resources, Inc.

### Articles and Chapters

Schimmel, C. & Jacobs, E. (2010) Don't Just Sit There: Engage the Brain - Using Movement, Writing, and Creativity to Increase Effectiveness. VistaOnline. ACA

Schimmel, C.J. & Jacobs, E. (2010, February). Using multisensory techniques in counseling. Association for Creativity in Counseling Newsletter, 1(1), 13-15.

Jacobs, E., & Schimmel, C.J. (2009). Processing multicultural exercises. In C. Salazaar (Ed.), *Leading Multicultural Groups*. Association for Specialists in Group Work. London: Taylor and Francis.

Schimmel, C.J., Jacobs, E., & Adams, J. (2008). Involuntary members in a group. In I. Marini & M. Stebnicki (Eds.), *The Professional Counselors Desk Reference*. New York: Springer.

Jacobs, E., & Schimmel, C.J. (2008). Working with individuals in groups. In I. Marini & M. Stebnicki (Eds.), *The Professional Counselors Desk Reference*. New York: Springer.

Stone, V. & Jacobs, E. (2008). Creative Counseling Techniques Applied to the Business World. *Journal of Creativity in Counseling* 3, 119-126.

Jacobs, E. (2005). Individual psychology in group therapy (book review). *Journal of Individual Psychology*, 61, 90-91.

Jacobs, E. & Schimmel, C. (2005). Small group counseling. In C. Sink (Ed.), *Contemporary school counseling* (pp. 82-115). Boston: Houghton Mifflin Co.

Jacobs, E. (1998). What to do when more than one show up. *Kentucky Counseling Association Journal*, 17.

Jacobs, E. & Smith, A. (1997). Listening is not enough. *The Drug and Alcohol Forum*.

Jacobs, E. (1997). Impact therapy: An active, integrative approach to counseling. *Global Visions for Counseling Professionals*, 5.

Jacobs, E. (1996). Impact therapy and career development groups. In R. Feller & G. Walz (Eds.), *Career transitions in turbulent times* (pp. 317-322). Greensboro, NC: ERIC/CASS Publications.

Jacobs, E. (1996). Creative counseling techniques that work. *The Canadian Journal of Adlerian Psychology*, 26.

Jacobs, E. (1996). Impact therapy and group counseling. In S. Gladding (Ed.), *New developments in group counseling* (pp. 13-16). Greensboro, NC: ERIC/CASS Publications.

Kees, N., & Jacobs, E. (1990). Conducting more effective groups: How to select and process group exercises. *Journal for Specialists in Group Work*, 15, 21-29.

Bloomer, P. B., & Jacobs, E. (1986). The child of alcoholic parents. In L. Golden & D. Capuzzi (Eds.), *Helping families help children: Family interventions with school-*

- related problems* (pp. 59-70). Springfield, IL: C. C. Thomas Publishing.
- Strother, J., & Jacobs, E. (1986). Parent consultation: A practical approach. *The School Counselor*, 33, 292-296.
- Harvill, R., West, J., Jacobs, E., & Masson, R. (1985). Systematic group leader training: Evaluating the effectiveness of the approach. *Journal for Specialists in Group Work*, 10, 2-13.
- Strother, J., & Jacobs, E. (1984). Adolescent Stress as it Relates to Stepfamily Living. *The School Counselor*, 32, 92-103.
- Vass, M., Jacobs, E., & Slavek, N. (1984). Live-in family counseling: An integrated approach. *Personnel and Guidance Journal*, 62, 419-431.
- Harvill, R., Jacobs, E., & Masson, R. (1984). Use of props in counseling. *Personnel & Guidance Journal*, 62, 273-275.
- Harvill, R., Masson, R., & Jacobs, E. (1983). Systematic group leader training: A skills development approach. *Journal for Specialists in Group Work*, 8, 226-232.
- Lutz, E. P., Jacobs, E., & Masson, R. L. (1981). Stepfamily counseling: Issues and guidelines. *The School Counselor*, 28, 89-194.
- Masson, R., & Jacobs, E. (1980). Group leadership: Practical pointers for beginners. *Personnel & Guidance Journal*, 59, 52-55.
- Jacobs, E. & Messing, J. (1977). Educating students to the process of change: Challenge for the school counselor. In D. P. Garner (Ed.), (pp. 69-75). *Career Educator Vol. II*, Eastern Illinois University.
- Jacobs, E., Masson, R., & Vass, M. (1976). An easy way to get started. *Elementary School Guidance and Counseling*, 11, 68-71.
- Jacobs, E., & Croake, J. (1976). Rational-emotive theory applied to groups. *Journal of College Student Personnel*, 17, 127-129.
- Jacobs, E., Brown, D., & Randolph, A. (1974). Educating group counselors: A tentative model. *Counselor Education & Supervision*, 13, 307-309.
- Burck, H. & Jacobs, E. (1973). Teaching a course in counseling theories and practice: Description and evaluation. *Counselor Education and Supervision*, 12, 168-172.
- Holmes, D., & Jacobs, E. (1972). Comparison of student who sought help and their expectations of counseling in a university dormitory and counseling center. *Journal of Consulting and Clinical Psychology*, 39, 269-272.